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**Near-periodic substitution and the genetic variance  
induced by environmental change**

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**Abstract**

We investigate a model that describes the evolution of a diploid sexual population in a changing environment. Individuals have discrete generations and are subject to selection on the phenotypic value of a quantitative trait, which is controlled by a finite number of biallelic loci. Environmental change is taken to lead to a uniformly changing optimal phenotypic value. The population continually adapts to the changing environment, by allelic substitution, at the loci controlling the trait. We investigate the detailed interrelation between the process of allelic substitution and the adaptation and variation of the population, via infinite population calculations and finite population simulations. We find a simple relation between the substitution rate and the rate of change of the optimal phenotypic value.

# 1 Introduction

The evolution of populations rarely, if ever, takes place in a static environment. Apart from purely abiotic changes of a physical environment, there may also be changes due to the interaction of a population with other populations (Van Valen, 1973; or, for recent developments, see Gavrilets, 1997). Evolution is thus inexorably influenced by a changing environment and this may have implications for a variety of subjects including the evolution of sex (Maynard Smith, 1978; Waxman and Peck 1999; Bürger, 1999). In the present work, we consider a population characterised by a single quantitative trait that possesses an optimal phenotypic value, because it is subject to stabilising selection. Following previous initiatives, we model environmental change by a constant rate of change of the optimal phenotypic value (see e.g. Charlesworth, 1993; Bürger and Lynch, 1995; Waxman and Peck 1999; Bürger, 1999). The present work has the closest relation with the work of Waxman and Peck (1999), which dealt with a very large (effectively infinite) population of individuals. In that work it was found that a steady-state situation became established, where the population tracks (with a lag) the changing environment. It was also found that there were extremely large enhancements in the genetic variance associated with very modest rates of environmental change. Indeed, from the first two columns of Table 1 of the paper by Waxman and Peck (1999), which applies for 10 diploid loci, it may be inferred that in a sexual population, changing the optimal phenotypic value by a small amount, e.g. 0.01% or 0.1% of an environmental standard deviation, each generation, leads to the genetic variance being increased to 450% or 1400% of its value in a static environment. These very large increases indicate a significant sensitivity (or lack of robustness) of the genetic variance to a changing environment. Indeed, because of this, we can conclude that the knowledge of just the strength of selection and the size of mutation rates may not be sufficient to predict the level of genetic variance of a population.

The increase in the genetic variance, referred to above, must, ultimately, originate from processes of allelic substitution, as the population continually adapts to the changing environment. The work of Waxman and Peck (1999) was made in the framework of a continuum of alleles model (Crow and Kimura, 1964; Kimura, 1965), which assumes a very large number of alleles at any locus. In the present work, we investigate the detailed interrelation between the process of allelic substitution and the adaptation and variation of a population in a changing environment. Accordingly, we consider a model where the substitution process is more transparent than one with many alleles available at each locus, and the simplest and most transparent of such models has only two alleles at any locus. As we shall see, such work may have relevance to recent work on genetic variation in *Drosophila melanogaster* by Gardener *et al.* (2004).

# 2 Model

We consider a panmictic population of sexual organisms that are diploid and dioecious. The lifecycle of the population, that takes place in discrete generations, is: (i) random

union of gametes to form zygotes, (ii) maturation to adulthood, with viability selection, (iii) production of gametes by Mendelian segregation; mutation is taken to occur during gamete production, (iv) death of adults. Census is made at the zygotic stage and at this time, the population is in Hardy-Weinberg equilibrium.

Individuals do not exhibit any sexual dimorphism, and are characterised by a single phenotypic trait that is additively controlled by the effects of  $2n$  alleles at  $n$  unlinked loci. At locus  $j$  ( $= 1, 2, \dots, n$ ) we take there to be only two possible alleles. We label these as  $B_j$  and  $b_j$ , and they respectively contribute  $m_j/2$  and  $-m_j/2$  to the value of the trait, where  $m_j > 0$ . We shall sometimes refer to  $m_j$  as the *scale* of allelic effects of locus  $j$ . The phenotypic value of the trait,  $Z$ , consists of a sum of its genotypic value,  $G$ , and a statistically independent random environmental effect  $\varepsilon$ , thus  $Z = G + \varepsilon$ . An individual's genotypic value is given by

$$G = \sum_{j=1}^n m_j (x_j + y_j)/2 \quad (1)$$

where  $x_j$  ( $y_j$ ) is a variable indicating the state of locus  $j$  of maternal (paternal) origin and only takes the values  $\pm 1$ . Thus  $G$  is restricted to the range  $-\sum_{j=1}^n m_j \geq G \geq \sum_{j=1}^n m_j$ . The random environmental effect,  $\varepsilon$ , is normally distributed with mean zero. Following convention, an overall scale of units for various quantities is chosen, so that  $\varepsilon$  has a variance unity.

The values of  $x_j$  and  $y_j$  are, for all  $j$ , assumed to be identical to the parental values unless a mutation occurs in the production of gametes. We assume mutations occur independently to different alleles and that the rate (i.e. probability) of mutation at locus  $j$ , between  $B_j$  and  $b_j$  in either direction, is  $u_j$ .

Fitness is taken to be determined entirely by Gaussian stabilising viability selection on the phenotypic value of the trait. The relative fitness of individuals of *genotypic* value  $G$  arises from an average of viability over environmental effects (see e.g. Turelli, 1984 or Bulmer, 1989) and is given by

$$w(G) = \exp \left[ - (G - Z_{\text{opt}})^2 / (2V_s) \right] \quad (2)$$

where  $V_s^{-1}$  ( $> 0$ ) is a direct measure of the intensity of selection on genotypic values of the trait and  $Z_{\text{opt}}$  is the optimal phenotypic value (and also the optimal genotypic value).

In what follows, we shall assume weak selection ( $V_s^{-1} \ll 1$ ), as is often observed in naturally occurring populations (Turelli, 1984). Identical or very closely related models have been studied by Wright (1935), Barton (1986), Maynard Smith (1988), Bulmer (1989) and a number of other authors.

### 3 Change in the optimal phenotypic value

Let us return to the properties of selection. As we have said in the Introduction, the optimal phenotypic value,  $Z_{\text{opt}}$ , may be influenced by interactions of the population in

question, with other populations or by the physical environment. As a consequence,  $Z_{\text{opt}}$  generally depends on time,  $t$ , and we take

$$Z_{\text{opt}}(t) = \begin{cases} -|Z_{\text{opt},0}|, & t \leq 0 \\ -|Z_{\text{opt},0}| + \alpha t, & t > 0. \end{cases} \quad (3)$$

This corresponds to the optimal phenotypic value having a fixed negative value of  $-|Z_{\text{opt},0}|$  for times  $t \leq 0$  (i.e. corresponding to a static environment), while for times  $t > 0$ , the optimal phenotypic value changes at a constant rate of  $\alpha$  per generation. By virtue of the choice of units adopted (that ensure the variance of the environmental effects is unity) the quantity  $\alpha$  represents the change in the optimal phenotypic value, in units of the *standard deviation of environmental effects*.

Analytical studies of related asexual models, where there are many discrete effect alleles possible at each locus are given in the work of Broom *et al.* (2003).

## 4 Results for an infinite population

We first consider a very large, effectively infinite population, where effects of random genetic drift are negligible. We neglect linkage disequilibria. Investigations of the full multilocus problem in static environments indicate that neglect of linkage disequilibria is a very reasonable approximation when selection is weak (see e.g. Bulmer, 1989; Turelli and Barton, 1990). In a changing environment, this neglect of linkage disequilibria requires some discussion. The analysis presented by Bulmer (1974) for the infinitesimal model (see also Waxman, 2000) indicates that the chief effect of linkage disequilibria, when selection is stabilising, is the production of negative correlations that reduce the genetic variance. The fractional reduction in genetic variance is proportional to  $V_G/V_s$  where  $V_G$  is the instantaneous genetic variance (strictly, we should use the genic variance - the genetic variance when calculated assuming linkage equilibrium) and  $V_s^{-1}$  is the intensity of selection on genotypic values ( $V_s^{-1}$  appears in Eq. (2)). The values we find for  $V_G$ , below, indicate that linkage disequilibria have only a very small effect on the genetic variance, of order 1%, and hence can reasonably be neglected. Bulmer's result is likely to be an overestimate of the effect of linkage disequilibria, when the optimum is moving, since the lag of the mean trait value, behind the optimal trait value, means selection has a directional aspect to it. Indeed, if fitness can be approximated as an exponential function of trait values, then such a function is multiplicative across loci, and does not produce any linkage disequilibria.

A consequence of Hardy-Weinberg equilibrium and the neglect of linkage disequilibria, is the statistical independence of all alleles both across and between loci.

Let  $p_j$  ( $q_j \equiv 1 - p_j$ ) denote the frequency of the allele  $B_j$  ( $b_j$ ) of maternal origin at locus  $j$  in a particular generation and  $p'_j$  ( $q'_j$ ) the corresponding frequency in the following generation. Apart, possibly, from the initial generation, the frequency of paternal origin alleles coincides with that of maternal origin and we shall henceforth assume this.

Given that the intensity of selection,  $V_s^{-1}$ , is small, the analysis presented in e.g. (Bulmer, 1989) then applies. Let  $\mathbf{p} = (p_1, p_2, \dots, p_n)$  denote the set of frequencies of the  $B$  allele at the different loci. The dynamical equations determining the change of allele frequencies can be written for  $j = 1, 2, \dots, n$  as

$$p'_j = p_j + \frac{1}{2} p_j q_j \frac{\partial}{\partial p_j} \Phi(\mathbf{p}) \quad (4)$$

where, equivalent to Eqs. 9 and 13 of (Bulmer, 1989), we may take

$$\Phi(\mathbf{p}) = \ln(E[w(G)]) + \sum_{j=1}^n 2u_j \ln[p_j(1-p_j)]. \quad (5)$$

The first term in  $\Phi(\mathbf{p})$  arises from selection and involves  $E[w(G)]$ , which denotes the mean (or expected value) of relative fitness, while the second term arises from mutation.

With  $E[G]$  and  $V_G$  denoting the mean genotypic effect and the genetic variance, we establish, in Appendix A, that when  $V_G/V_s \ll 1$  and  $(E[G] - Z_{\text{opt}})^2/V_s \ll 1$ , it is a good approximation to replace  $\ln(E[w(G)])$  in Eq. (5) by  $E[\ln(w(G))]$  (which is given in Eq. (11) of Appendix A)

Since  $V_G \leq nm^2/2$ , where  $\overline{m^2} = \sum_{j=1}^n m_j^2/n$  is the mean square scale of allelic effects, the condition  $V_G/V_s \ll 1$  can be expressed as  $n\overline{m^2}/(2V_s) \ll 1$ . As typical parameter-values, we take  $n = 10$ ,  $\sqrt{\overline{m^2}} = 0.2$ ,  $u_j \sim 10^{-5}$  and  $V_s = 20$  (Turelli, 1984; see also Lynch and Walsh, 1998, Chapter 12) so  $V_G/V_s \ll 1$  is well satisfied. The value of  $\sqrt{\overline{m^2}}$  adopted corresponds to a standard deviation of mutant effects of order 0.2. Additionally, for the parameter values adopted we have found that virtually all variation in allele frequencies (the  $p_j$ ) occurs where  $(E[G] - Z_{\text{opt}})^2/V_s \ll 1$  and hence using  $E[\ln(w(G))]$  in place of  $\ln(E[w(G)])$  is justified. The explicit form of Eq. (4) may be found by carrying out the differentiations in this equation and coincides with the sum of Eqs. (12) and (13) of (Bulmer, 1989).

When  $Z_{\text{opt}}$  has a constant value, Barton (1986) has found that there are multiple equilibrium solutions of Eq. (4) and that these have different genetic variances associated with them. This indicates that the interplay between selection and mutation, in this biallelic system, results in multiple equilibria; there is more than one local maximum of  $\Phi(\mathbf{p})$  of Eq. (5). The same nonlinear forces manifest themselves when  $Z_{\text{opt}}$  changes with time, according to Eq. (3), leading to a complex dynamical behaviour of the allele frequencies (the  $p_j$ ).

It is tempting, as a first approach, to consider the case of *equivalent loci* (also called interchangeable loci), where the scale of allelic effects at all loci are identical:  $m_j = m$  and where there are the same allelic mutation rates at all loci:  $u_j = u$ . For this case, we iterated the dynamical equation, Eq. (4) from a large negative time,  $-T$ , and took  $-|Z_{\text{opt},0}|$  sufficiently negative that up to time  $t = 0$ , only  $b$  alleles were selectively favourable at every locus. Provided  $-T$  was sufficiently large and negative, it was found that irrespective of the initial state of the population, all loci were essentially fixed at the  $b$  allele (i.e. all  $q_j \simeq 1$ ), by the time  $t = 0$  was reached. As a consequence of this and

the equivalence of all loci, all allele frequencies were completely synchronised for times  $t > 0$ . The result for the allele frequencies is displayed in Figure 1.

Figure 1

We view this as a *spurious synchronisation* of allelic effects that is not of biological interest. It arises from the extreme symmetry of the problem: the complete equivalence of all  $n$  loci and the fact that all  $B$  alleles had identical frequencies at time  $t = 0$ . Indeed, such a model could be analysed in the framework of the hypergeometric model (Barton, 1992; Shpak and Kondrashov, 1999; Barton and Shpak 2000), where the solutions are unstable for many forms of selection. There are other cases in the literature where equivalence of loci leads to unrepresentative effects (Welch and Waxman, 2002; Waxman and Welch, 2003; Waxman and Peck, 2003). Let us therefore consider a more realistic situation where there is some variation of the scale of allelic effects across loci. We have thus drawn the  $m_j$  at random from a uniform distribution centred on 0.2 (see the Caption to Figure 2 for further details). This yields a very different pattern of changing allele frequencies, as seen in Figure 2, indicating that the original pattern in Figure 1 is unstable to small deviations from equivalence of loci. In Figures 3 and 4 we plot the corresponding mean genotypic value and genetic variance against time.

Figure 2

Figure 3

Figure 4

The behaviour exhibited in Figures 2 - 4 are complicated, nevertheless, some general features are apparent, or can be inferred from these Figures or the underlying data.

1. Different loci generally undergo substitutions at different times (Figure 2).
2. There does not seem to be a simple pattern connecting the size of  $m_j$  (the scale of allelic effects of locus  $j$ ) and the time (or order) of substitution of locus  $j$ . Thus, the size of  $m_j$ , relative to the scale of allelic effects at other loci, does not allow an obvious prediction of the when locus  $j$  will undergo substitution.
3. The substitutions allow the mean genotypic value,  $E[G]$ , to follow the changing optimum, albeit with a slightly variable lag (Figure 3.). This process can continue until all genetic variation is exhausted.
4. Genetic variation is exhausted at a time slightly larger (due to the lag) than the time  $t_{\max}$  given by  $-|Z_{\text{opt},0}| + \alpha t_{\max} = \sum_{j=1}^n m_j$ . For times appreciably larger than  $t_{\max}$  the population will go extinct if the environmental change persists.
5. The contribution to the genetic variance from locus  $j$  is  $2m_j^2 p_j(1 - p_j)$  and has a maximum value of  $m_j^2/2$ , at  $p_j = 1/2$  (the value of  $p_j$  corresponding to maximum

polymorphism). Thus the peaks in the genetic variance that are evident in Figure 4, for  $t > 0$ , result from the frequency of the  $B$  alleles passing through the value of  $p = 1/2$ . When substitutions occur close together, the resulting features in the genetic variance are, because of linkage equilibrium, simply the sum of contributions from different loci. Because of this additive property, the height of peaks in the genetic variance can be appreciably larger than  $m_j^2/2$  if a number of substitutions contribute to the same peak.

## 5 Results for a finite population

In addition to numerical iteration of the dynamical equation, Eq. (4) we have performed numerical simulations of finite populations. In contrast to the infinite population calculations of the previous Section, numerical simulations do not neglect linkage disequilibria. Thus, in the simulations, linkage disequilibria are fully incorporated into the dynamics.

The lifecycle is as outlined, in Section 2, with each individual producing an average of 1.5 offspring each generation and a fixed number of  $N = 10,000$  adults were maintained, each generation (by non selectively thinning the population, after stage (ii) of the lifecycle). We have found it makes little difference whether the scale of allelic effects (the  $m_j$ ) are the same for every locus or whether we use the range used for Figures 2 - 4. Accordingly, we have taken all  $m_j$  to have the same value:  $m_j = m = 0.2$ .

It is possible to provide an estimate of the expected time-interval between substitutions. We specify the *time* of a substitution, at locus  $j$ , as that time at which  $p_j = 1/2$ . We then reason that as a result of a substitution

$$\left( \begin{array}{c} \text{change in optimal} \\ \text{phenotypic value} \end{array} \right) = \left( \begin{array}{c} \text{change of effect of the locus} \\ \text{that underwent the substitution} \end{array} \right).$$

With  $\rho$  denoting the mean rate of substitutions and  $\rho^{-1}$  denoting the mean time between substitutions, we have that the change in optimal phenotypic value is (rate of change of optimum)  $\times$  (time between substitutions), which is  $\alpha \times \rho^{-1}$ . We also note that substitution of both  $b$  alleles (each with effect  $-m/2$ ), at a locus, by two  $B$  alleles (each with effect  $+m/2$ ) results in a net change of effect on the trait of  $2m$ . Equating the change in optimal phenotypic value to the change in effect of the trait:  $\alpha \times \rho^{-1} = 2m$ , leads to a mean rate of substitutions of

$$\rho = \frac{\alpha}{2m}. \quad (6)$$

Thus  $\rho$  is proportional to the rate of change of the optimal phenotypic value.

We have performed numerical simulations for a population size of 10,000 individuals and explored the behaviour of the population when the rate of change of the optimal phenotypic value takes the values  $\alpha = 0.5 \times 10^{-4}$ ,  $1 \times 10^{-4}$ ,  $2 \times 10^{-4}$  and  $3 \times 10^{-4}$ .

Figure 5

Figure 6

Figure 7

In Figure 5 we plot the changing allele frequencies, as a function of time, when the rate of change of the optimum is  $\alpha = 10^{-4}$ . In Figures 6 and 7 we plot the corresponding mean genotypic value and genetic variance as functions of time.

It is clear, from Figure 6 that the mean genotypic value closely tracks the moving optimum, as it did when the population was effectively infinite.

By contrast to the infinite population results, it is clearly seen, in Figure 7, that the substitutions occur in a *very* regular, near-periodic manner. For  $n = 10$  loci, there are 10 substitutions possible (assuming all  $p_j \simeq 0$  at time  $t = 0$ ; as occurs if  $-|Z_{\text{opt},0}|$  is sufficiently negative). For a time interval a little larger than  $10\rho^{-1}$  all substitutions occur. This is very different behaviour to a Poisson point process, which is *substantially* noisier. A Poisson point process, over any time interval where the expected number of substitutions is  $k$ , would lead to the order of  $k \pm \sqrt{k}$  substitutions (since the variance in the number of substitutions equals the expected number itself, in such a process).

We can provide a quantitative measure of how regularly the substitutions occur by considering the index of dispersion of the substitution process,  $R$ , which, for a given time interval, is the ratio of the variance in the number of substitutions that occur, to the mean number of substitutions. It seems most relevant to determine  $R$  over a time interval where the population is closely tracking the changing optimum. Accordingly, we have carried out 20 independent simulations and determined  $R$  for the time interval ranging from  $2 \times 10^4$  generations to  $4 \times 10^4$  generations; from Figures 3 or 6, this time interval is wholly contained in the time region where the population closely tracks the changing optimum. A Poisson process would lead to a value of  $R$  of unity; whereas we find values of  $R$  that are substantially smaller than unity, thereby indicating that the random process underlying the present model is substantially more periodic (or less random) than a Poisson process. In particular, when all of the  $m_j$ 's have identical values ( $m_j = 0.2$ ) or when the  $m_j$ 's differ from locus to locus, (we used the set 0.1693, 0.2182, 0.1803, 0.2042, 0.1651, 0.2198, 0.1878, 0.2360, 0.2354, 0.2094), we find values for the index of dispersion,  $R$ , that are smaller than 0.1.

The simulations used to determine  $R$  (where the  $m_j$ 's differed from locus to locus) also allowed us to determine if there is any pattern in the order of substitutions at different loci and the sizes of the  $m_j$ . For example, is the locus with the largest (or smallest) value of  $m_j$  the first (or last) locus to undergo a substitution in a finite population? We observed no such pattern. On different simulation runs, a variety of different loci were the first (and last) to undergo substitution.

In addition to the above, we have tested how well Eq. (6) operates by determining the mean time interval between substitutions, from the numerical simulations, and the prediction of the equation that this time interval is  $\rho^{-1} = 2m/\alpha$ . Results were calculated by averaging the 9 time intervals between substitutions and are summarised in Table 1.

Table 1

In order to see the stochastic effects of genetic drift and if there any significant consequences of different rates-of-change of the optimal phenotypic value,  $\alpha$ , we have

centred all allele frequencies around the *time of substitution*,  $t_{\text{subs}}$  (i.e. the time where  $p = 1/2$ ). These are illustrated in Figure 8 and to produce the Figure, all 10 centred frequency profiles were, for a single value of  $\alpha$ , centred and also numerically averaged.

Figure 8

It is evident from Figure 8 that there is a reasonable level of similarity of the centred frequency profiles.

## 6 Conclusion

In this work we have investigated how a changing optimal phenotypic value of a quantitative trait affects the process of substitution at the different loci controlling the trait. During the process of substitution of the two alleles at any locus, the genetic variance is greatly enhanced above levels associated with mutation selection balance, even taking into account the range of genetic variances that are possible (Barton, 1986).

A striking feature of the numerical simulation for a finite population, is how periodically the substitutions occur (Figure 7). This is far more regular than if there is a little heterogeneity in the properties of loci, in an infinite population (Figure 4). The regularity associated with a finite population leads to the maximum value of the genetic variance (which fluctuates over time) being lower than the maximum value in an infinite population, because with an infinite population, a number of substitutions occur very close to each other and their combined contributions to the genetic variance add, under the approximation of linkage equilibrium. Indeed if substitutions are well separated in time, the maximum genetic variance associated with a substitution, at just one locus, is  $m^2/2$ , where  $m$  is the scale of allelic effects associated with the locus. Because mutation, when it occurs, results in an allele of opposite effect, compared with the pre-mutated allele, the quantity  $m^2$  can also be interpreted as the variance in mutant effects. The value  $m \simeq 0.2$  is often taken as a “typical” value and used in published work; it follows from Lande’s (1976) extrapolation of the data of Russell et al. (1963). Accordingly, a maximum genetic variance associated with a single, non-overlapping, substitution is  $\sim 0.02$ . If substitutions are not well separated in time, or if the duration of a substitution is comparable with the time interval between substitutions, the genetic variance can be greater than  $m^2/2$ . In Figure 7, the genetic variance fluctuates (over periods of thousands of generations) but is in the vicinity of 0.05 for much of the time and given the reasonable separation of substitutions, this value of the genetic variance arises from the appreciable duration of the substitutions; see Figure 8.

In a previous work a related model was analytically investigated for a very large population with a continuum of alleles possible at every locus (Waxman and Peck, 1999). In Eq. (A13) of that work an approximation was given for the genetic variance, which, in the notation of the present work reads

$$V_G \simeq \sqrt{2n\alpha m V_s} \left[ 8 \ln \left( \frac{m^2}{2u V_s} \right) \right]^{-1/4} \quad (7)$$

(we do not distinguish here between  $V_s$  and  $V_s-1$ ). It is interesting to compare this value, with the value that has been observed in the present work. Using the parameter values  $n = 10$ ,  $\alpha = 10^{-4}$ ,  $V_s = 21$ ,  $u = 10^{-5}$  we find Eq. (7) yields a value of  $V_G \simeq 0.037$ , which is in the vicinity of genetic variances we have obtained here from numerical simulation, from populations with 10,000 individuals.

We finish, by returning to the recent work we mentioned in the Introduction, by Gardener et al. (2004), in which they investigated the genetic variation for total fitness by carrying out experiments on replicate, caged populations of *Drosophila melanogaster*. They found results for variation in relative fitnesses over time that “could be due to subtle changes in external environment common to all cages.” Indeed, they also stated that the “high variability we see is incompatible with the ‘classical’ view, in which genetic variation is maintained by an equilibrium between deleterious mutations and selection”. As we have already stated in the Introduction of the present paper, knowledge of the strength of selection and the size of mutation rates may not, alone, be sufficient to predict the level of genetic variance of a population. Thus the results we have presented here may have some bearing on the findings of Gardener et al. (2004), since, for example, environmental change may cause significant deviations from ‘classical’ results. We note that since environmental change, in the form of a moving fitness optimum induces substitutions (i.e. influences the rate of evolution) which in turn causes enhancements in the genetic variance, it would be interesting to see if a value of the rate of change of the optimal phenotypic value,  $\alpha$ , exists that is simultaneously compatible with observed levels of genetic variance *and* observed rates of evolution (the latter, via Eq. (6)).

## Acknowledgments

We dedicate this work to the memory of John Maynard Smith (JMS). This work, like so many of the problems of current interest in evolutionary biology can be traced back to interests of JMS. We very much regret that he is not here to share his time and his insights with us.

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## Appendix A

In this Appendix, we determine when the quantity  $\ln(E[w(G)])$  can be accurately approximated by  $E[\ln(w(G))]$ .

We proceed by first determining  $E[w(G)]$ . Using an identity following from a Gaussian integral, we can write the fitness function of Eq. (2) as

$$w(G) = \sqrt{\frac{V_s}{2\pi}} \int_{-\infty}^{\infty} \exp[ik(G - Z_{\text{opt}}) - V_s k^2/2] dk. \quad (8)$$

To find  $E[w(G)]$  from this result, it is necessary to evaluate  $E[\exp(ikG)]$ , which can be found in closed form, assuming Hardy Weinberg and Linkage equilibrium. Using Eq. (1) we have

$$\begin{aligned} E[\exp(ikG)] &= \prod_{j=1}^n E[\exp(ikm_j(x_j + y_j)/2)] \\ &= \prod_{j=1}^n \left[ \left( p_j e^{ikm_j/2} + q_j e^{-ikm_j/2} \right)^2 \right] \\ &= \exp \left( 2 \sum_{j=1}^n \ln \left( p_j e^{ikm_j/2} + q_j e^{-ikm_j/2} \right) \right). \end{aligned} \quad (9)$$

We note that the factor  $\exp(-V_s k^2/2)$  in Eq. (8) only allows values of  $k$  satisfying  $|k| \lesssim 1/\sqrt{V_s}$  to contribute to the integral. Accordingly, as long as  $m_j/\sqrt{V_s} \ll 1$ , for all  $j$ , we can expand the exponentials in Eq. (9) and keeping terms in the exponent to quadratic order in  $k$  yields

$$E[\exp(ikG)] \simeq \exp(ikE[G] - k^2 V_G/2) \quad (10)$$

where  $E[G]$  and  $V_G$  are the mean and variance of  $G$ :  $E[G] = 2 \sum_{j=1}^n m_j (p_j - \frac{1}{2})$ ,  $V_G = 2 \sum_{j=1}^n m_j^2 p_j (1 - p_j)$ . Using Eq. (10) in Eq. (8) quickly yields  $\ln(E[w(G)]) \simeq -(E[G] - Z_{\text{opt}})^2 / [2(V_s + V_G)] - \frac{1}{2} \ln(1 + V_G/V_s)$ . Thus providing  $V_G/V_s \ll 1$  and if, for all  $t$  of interest,  $(E[G] - Z_{\text{opt}})^2 \ll V_s$ , we have

$$\ln(E[w(G)]) \simeq -\frac{(E[G] - Z_{\text{opt}})^2 + V_G}{2V_s} \equiv E[\ln(w(G))]. \quad (11)$$

We have thus established when  $\ln(E[w(G)])$  may be approximated by the analytically more convenient quantity  $E[\ln(w(G))]$ .

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## Figure Captions

### Figure 1

The frequencies  $p_j$  of the  $B$  alleles at the 10 different loci are plotted against time  $t$ . The figure was produced by numerically iterating the dynamical equation, Eq. (4). The parameter values adopted were:  $u = 10^{-5}$ ,  $\alpha = 10^{-4}$ ,  $-|Z_{\text{opt},0}| = -3$  and  $V_s = 21$ . The scale of allelic effects were taken as  $m_j = 0.2$ , for all  $j$ . The results displayed are for the allele frequencies after transients have died away and so for the initial time shown,  $t = -2 \times 10^4$ , all  $p_j$  were close to 0. All allele frequencies are synchronised.

### Figure 2

The frequencies  $p_j$  of the  $B$  alleles at the 10 different loci are plotted against time  $t$ . The Figure was produced by numerically iterating the dynamical equation, Eq. (4). The parameter values adopted were:  $u = 10^{-5}$ ,  $\alpha = 10^{-4}$ ,  $-|Z_{\text{opt},0}| = -3$  and  $V_s = 21$ . The scale of allelic effects at different loci (the  $m_j$ ), were independently drawn at random from uniformly distributed numbers over  $[0.15, 0.25]$ . The results displayed are for the allele frequencies after transients have died away. For the earliest time shown,  $t = -2 \times 10^4$ , all  $p_j$  were close to 0.

### Figure 3

The mean genotypic effect,  $E[G]$ , is plotted against time (solid line). The figure was produced by numerically iterating the dynamical equation, Eq. (4) and corresponds to the allele frequencies of Figure 2. Parameter values are those given in the Caption of Figure 2. Also plotted in the same Figure is the optimal phenotypic value,  $Z_{\text{opt}}$  (dashed line).

The genotypic values of the trait range from approximately  $-2$  to  $2$ . When the optimal phenotypic value lies within this range, the population tracks the changing optimum, with a small but non-zero lag:  $E[G] < Z_{\text{opt}}$ .

### Figure 4

The genetic variance,  $V_G$ , is plotted against time. The figure was produced by numerically iterating the dynamical equation, Eq. (4) and corresponds to the allele frequencies of Figure 2. Parameter values are those given in the Caption of Figure 2.

The horizontal row of black dots represent the times at which different substitutions occurred. There should be 10 dots visible, corresponding to substitutions at the 10 loci, however some of the dots overlap, since some substitutions occurred within a very short time of one another.

### Figure 5

The frequencies  $p_j$  of the  $B$  alleles at the 10 different loci are plotted against time  $t$ . The Figure was produced by numerically simulating a population of  $N = 10,000$  individuals, with each adult producing a mean number of 1.5 offspring each generation. The other parameter values adopted were:  $u = 10^{-5}$ ,  $\alpha = 10^{-4}$ ,  $-|Z_{\text{opt},0}| = -3$  and  $V_s = 21$ . The scale of allelic effects at all loci were taken as  $m_j = 0.2$ . The results

displayed are for the allele frequencies after transients have died away. For the earliest time shown,  $t = -2 \times 10^4$ , all  $p_j$  were close to 0.

### Figure 6

The mean genotypic effect,  $E[G]$ , is plotted against time (solid line). The figure was produced by numerically simulating a population, as described in the Caption to Figure 5. Also plotted in the same Figure is the optimal phenotypic value,  $Z_{\text{opt}}$  (dashed line).

### Figure 7

The genetic variance,  $V_G$ , is plotted against time. The figure was produced by numerically simulating a population, as described in the Caption to Figure 5. There is very close agreement with the genetic variance calculated from the allele frequencies at different loci, assuming linkage equilibrium,  $V_G = 2m^2 \sum_{j=1}^n p_j(1 - p_j)$ .

The horizontal row of black dots represent the times at which different substitutions occurred.

### Figure 8

To obtain the panels making up this Figure, all allele frequencies (that were obtained from numerical simulation, as described in the Caption to Figure 5) were centred around the time,  $t_{\text{subs}}$ , when a substitution occurred. The centred allele frequencies are plotted as faint lines against the difference in time from the substitution time,  $t_{\text{subs}}$ . The thick black line,  $p_{\text{average}}$ , is the average of the centred allele frequencies and represents the frequency history associated with a typical substitution.

# Figures

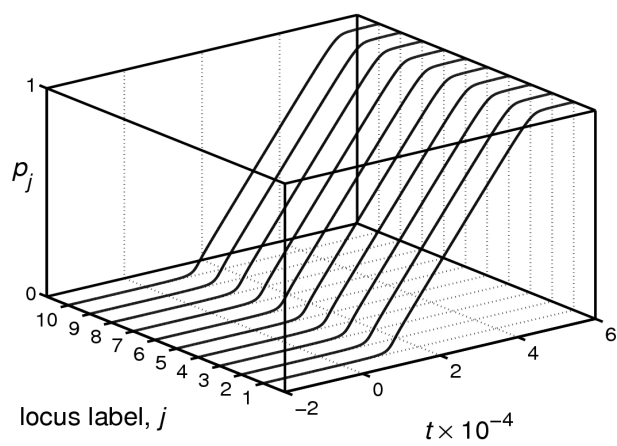


Figure 1

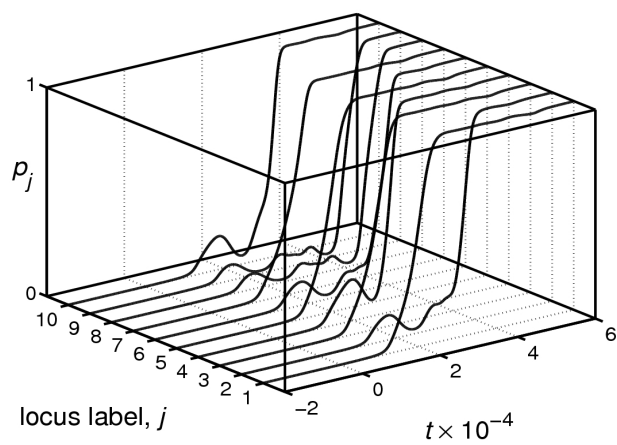


Figure 2

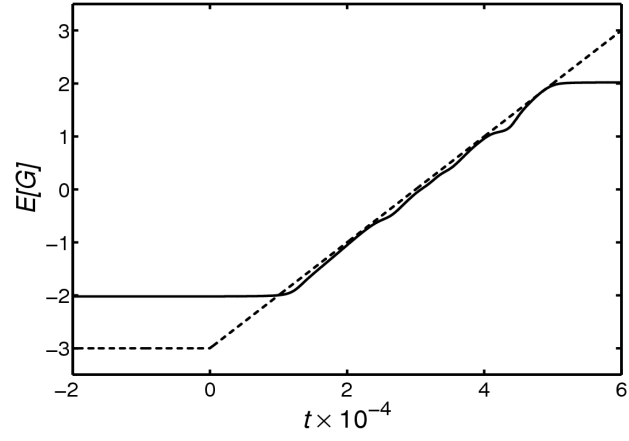


Figure 3

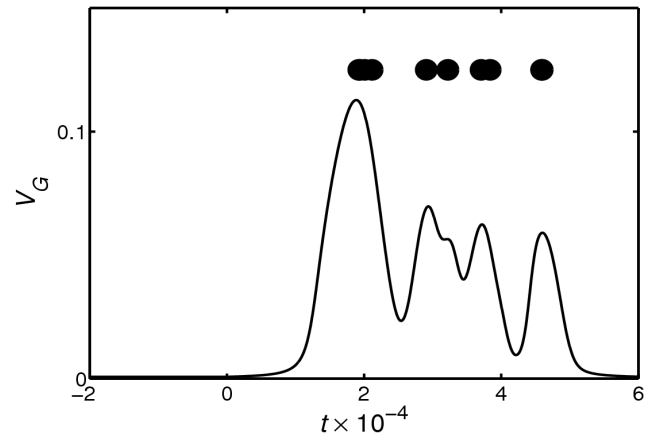


Figure 4

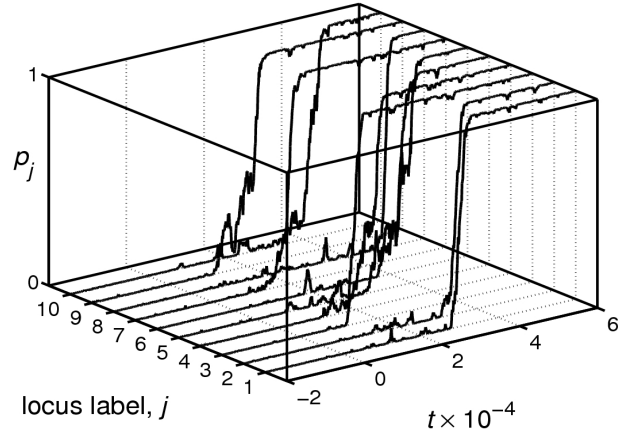


Figure 5

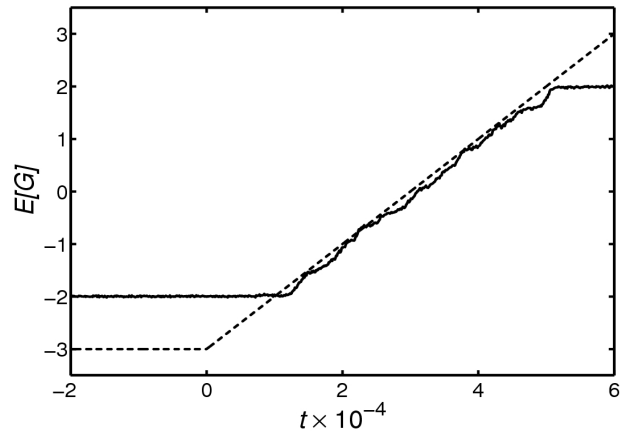


Figure 6

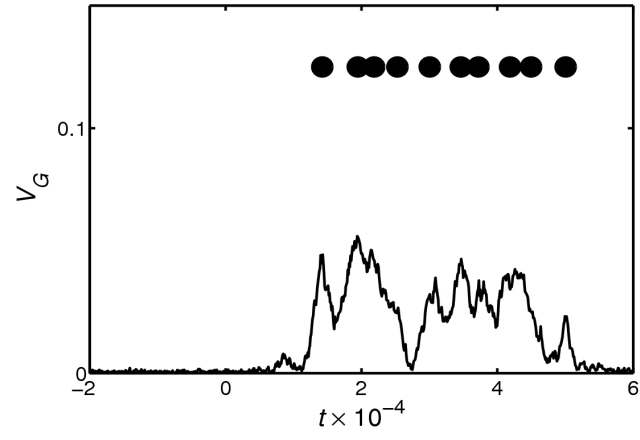


Figure 7

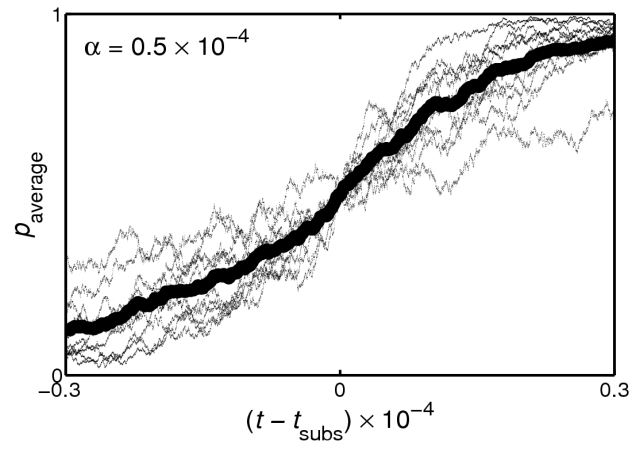


Figure 8a

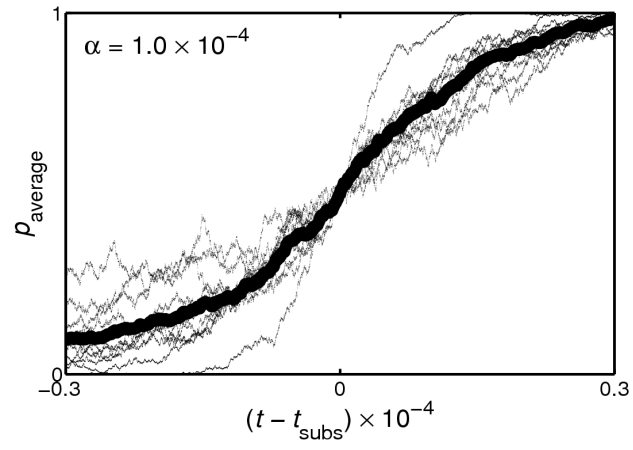


Figure 8b

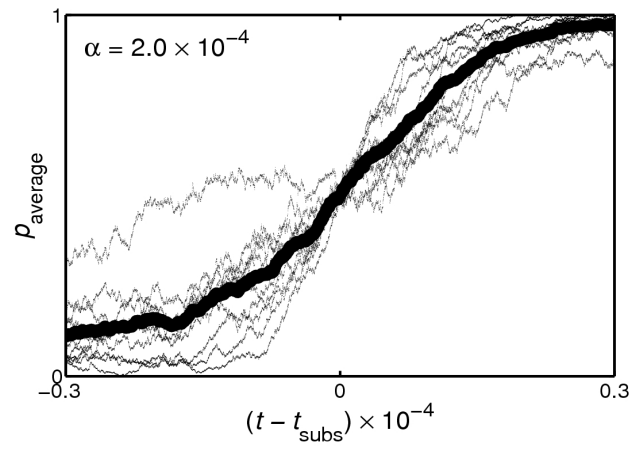


Figure 8c

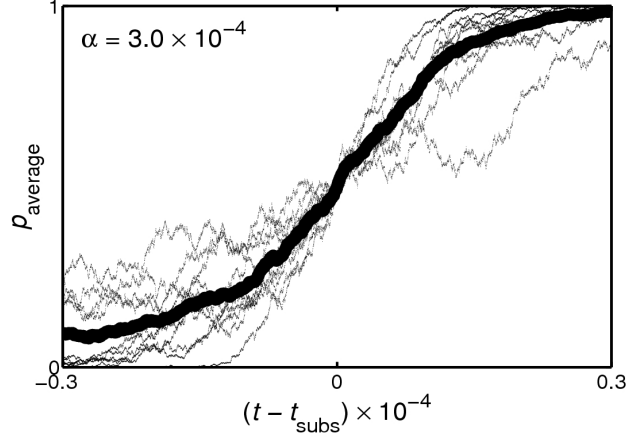


Figure 8d

**Table 1**

$\alpha$	$\rho^{-1} = \frac{2m}{\alpha}$	time-interval (simulation): mean $\pm$ standard deviation
$0.5 \times 10^{-4}$	$8.0 \times 10^3$	$(7.7 \pm 2.3) \times 10^3$
$1.0 \times 10^{-4}$	$4.0 \times 10^3$	$(4.2 \pm 1.3) \times 10^3$
$2.0 \times 10^{-4}$	$2.0 \times 10^3$	$(1.9 \pm 1.6) \times 10^3$
$3.0 \times 10^{-4}$	$1.3 \times 10^3$	$(1.2 \pm 0.6) \times 10^3$

**Table 1 Caption**

Table 1 compares the prediction, that the mean time-interval between substitutions is  $\rho^{-1} = 2m/\alpha$ , (as follows from Eq. (6)), with the results of numerical simulation. The quantity  $\alpha$  is the rate of change of the optimal phenotypic value and  $m$  is the scale of allelic effects of all loci. In the simulations, the population size was 10,000 individuals, with each adult producing a mean number of 1.5 offspring each generation. Parameter values adopted were:  $u = 10^{-5}$ ,  $m = 0.2$ ,  $-|Z_{\text{opt},0}| = -3$  and  $V_s = 21$  (see text for a description of these).