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Spontaneous self-affirmation is associated with psychological well-being: evidence from a US national adult survey sample

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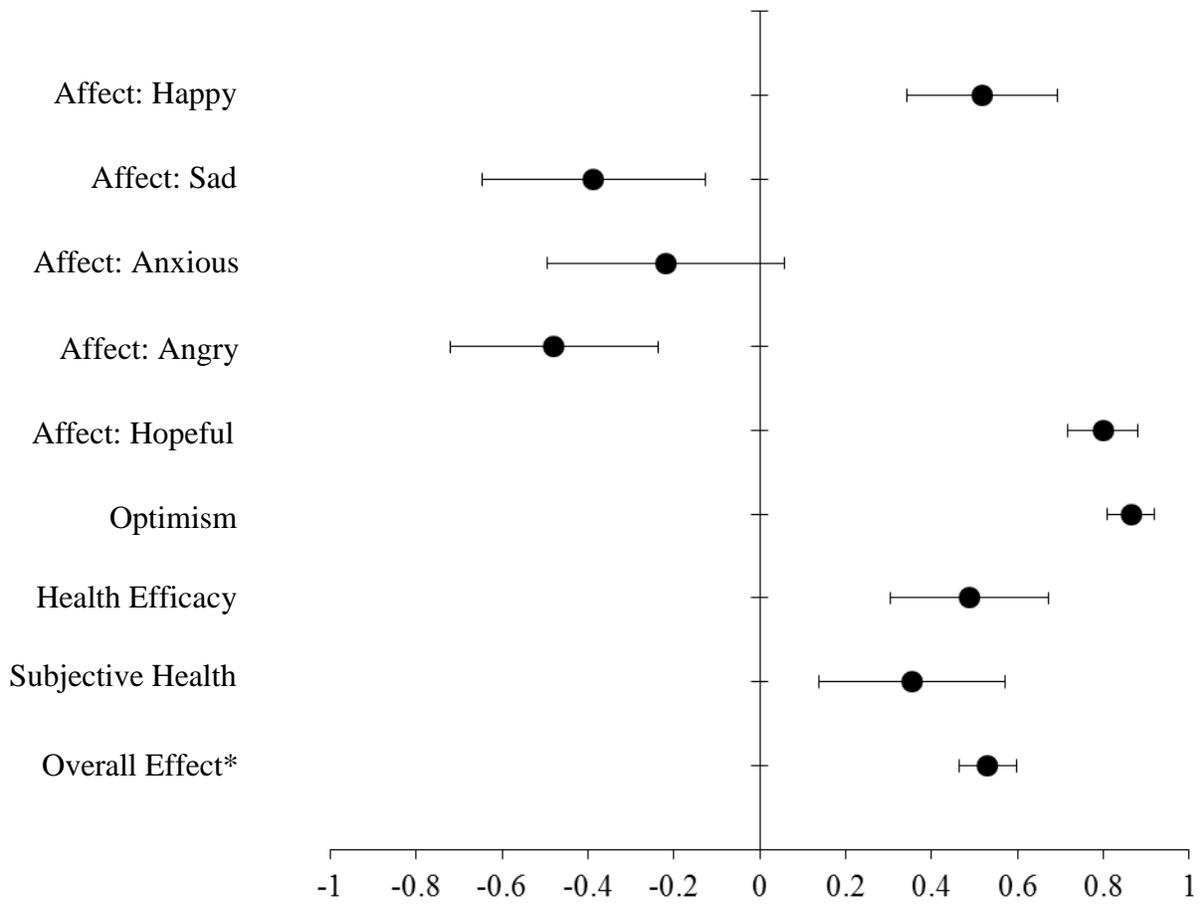
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Figure 1
Correlation of Self-Affirmation with Facets of Well-Being



Note. *The overall effect computed using the absolute value of negative associations