

# Sussex Research

## A user-centred approach to developing bWell, a mobile app for arm and shoulder exercises after breast cancer treatment

Helena Harder, Patrick Holroyd, Lynn Burkinshaw, Phil Watten, Charles Zammit, Pete Harris, Anna Good, Valerie Jenkins

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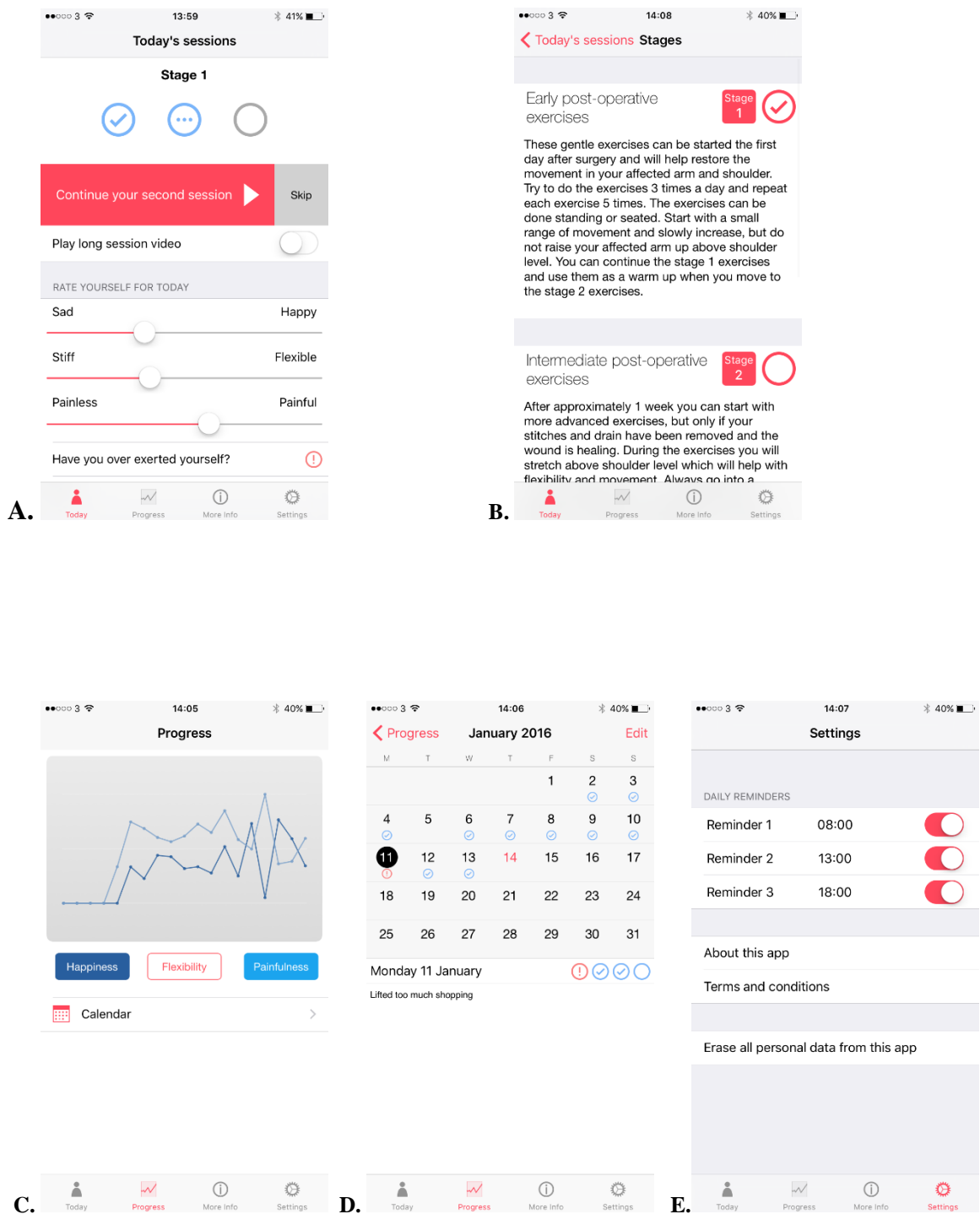
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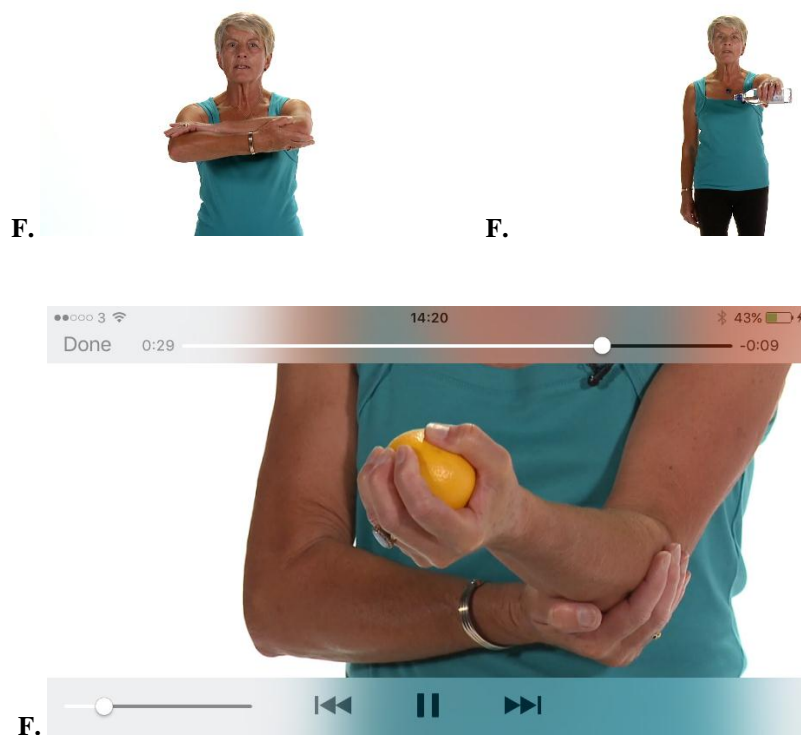
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Supplementary material - Figure II: Overview of bWell



**Supplementary material - Figure II: Overview of bWell - continued**



**A: start page bWell**

**B: exercise stage selection page**

**C: progress tracking**

**D: calendar and note function**

**E: reminder settings**

**F: exercise images/videos**