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Zinc supplementation is associated with a reduction in serum markers of inflammation and oxidative stress in adults: a systematic review and metaanalysis of randomized controlled trials

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Figure 2, A. The effect of zinc supplementation on serum CRP



• Figure 2, B. The effect of zinc supplementation on serum TNF-α



• Figure 2, C. The effect of zinc supplementation on serum IL-6



• Figure 2, D. The effect of zinc supplementation on serum MDA

 Figure 2. The effects of zinc supplementation on serum CRP (A), TNFα (B), IL-6 (C) and MDA (D); CRP: C-reactive protein; TNF-α: Tumor necrosis factor-alpha; MDA: Malondialdehyde