#### Introduction and consent

## Meaning in life study PART II

Welcome to **PART 2 (out of 2)** of our study on the experience of meaning in life. We want to see how people experience their lives as having or not having meaning across time. You will be shown statements about how you feel at the present moment and will be asked to specify to what extent you agree or disagree with them. There are no right or wrong answers; we would simply like to know what you think. Also, don't spend too long on any one item; often, the first answer that comes to mind is the best.

# At the end of this questionnaire you will be given a URL for Prolific Academic to claim your payment.

Part 2 takes approximately 3 minutes.

### **Giving consent**

Your participation is voluntary and you are free to withdraw from the study at any time without giving an explanation. All data we collect from you will be treated as confidential and will only be accessed by the research team. You can withdraw your data from the study at any point before data analysis has commenced. At the end of the study, you will be debriefed and the aims and purposes of our research will be fully explained.

The results of the study will be written up for my PhD thesis and for academic papers that may be submitted for publication. No identifiable information will be used in the write-up.

This study has been approved by the Sciences & Technology Cross-Schools Research Ethics Committee (crecscitec@sussex.ac.uk). The project reference number is ER/VC69/9. The University of Sussex has insurance in place to cover its legal liabilities in respect of this study. By ticking the box below and clicking next, you acknowledge that you are over 18, have read and understood the information above, and consent to take part.

I agree

## **Prolific Academic ID**

Please enter your Prolific ID. *This can be found at the top of this webpage or when going to your account info.* 

## **Unique Code**

## UNIQUE CODE

Please complete the information below. We need to be able to match your responses at the different time points of the study while protecting your anonymity.

The second letter of your first name (USE UPPER CASE)	
The last 4 digit of your mobile phone number (e.g. if your number is 0123456789, then write	
6789)	

### Meaning in life

Using the scale, please indicate your current feelings by selecting how much you agree or disagree with the following statements:

Please select agree	0	0	0	Neither agree	0	0	0
My life as a whole has meaning.	Strongly dis <b>to</b> ree	Disoree	Somewhat dis <b>o</b> ree	nor dis <b>o</b> ree	Somewhat a <b>@</b> e	Agree	Strongly a <b>gre</b> e
My life is meaningless.	0	0	0	0	0	0	0
My entire existence is full of meaning.	0	0	0	0	0	0	0
My existence is empty of meaning.	0	0	0	0	0	0	0

Qualtrics Survey Software

## Purpose in life

10/2/2018

Using the scale, please indicate your current feelings by selecting how much you agree or disagree with the following statements:

	Strongly disagree	Disagree	Somewhat disagree	Neither agree nor disagree	Somewhat agree	Agree	Strongly agree
I don't know what I am trying to accomplish in life.	0	0	0	0	0	0	0
I don't have compelling life goals that keep me going.	0	0	0	0	0	0	0
I have a good sense of what I am trying to accomplish in life.	0	0	0	0	0	0	0
I have certain life goals that compel me to keep going.	0	0	0	0	0	0	0

### Sense of coherence

Using the scale, please indicate your current feelings by selecting how much you agree or disagree with the following statements:

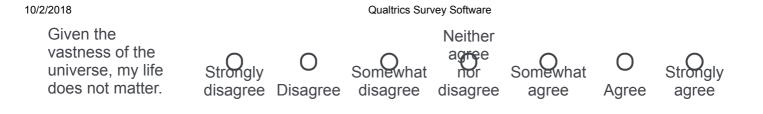
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10/2/2018	Qualtrics Survey Software						
	uisagi ee	Disagree	uisagiee	Neither	agree	Agree	agree
Looking at my life as a whole, things seem clear to me.	Str <b>O</b> gly disagree	O Disagree	Som <b>e</b> vhat disagree	agree IOr disagree	Somewhat agree	O Agree	Str <b>o</b> gly agree
I can make sense of the things that happen in my life.	0	0	0	0	0	0	0
Please select somewhat disagree	0	0	0	0	0	0	0
My life feels like a sequence of unconnected events.	0	0	0	0	0	0	0
I can't make sense of events in my life.	0	0	0	0	0	0	0

# Sense of significance

Using the scale, please indicate your current feelings by selecting how much you agree or disagree with the following statements:

	Strongly disagree	Disagree	Somewhat disagree	Neither agree nor disagree	Somewhat agree	Agree	Strongly agree
Even considering how big the universe is, I can say that my life matters.	0	0	0	0	0	0	0
My existence is not significant in the grand scheme of things.	0	0	0	0	0	0	0
Whether my life ever existed matters even in the grand scheme of the universe.	0	0	0	0	0	0	0



#### MilT

How often do you think about whether your life is meaningful/meaningless?



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